# Mechanics 

## Dynamics

Title: Work and Energy

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Lecture No. 10

## Work of a force

Consider a particle which moves from a point $A$ to a neighboring point $A^{\prime}$ as shown in the figure below. If $r$ denotes the position vector corresponding to point $A$, the small vector joining $A$ and $A^{\prime}$ can be denoted by the differential dr ; the vector dr is called the displacement of the particle. Now, let us assume that a force $\mathbf{F}$ is acting on the particle. The work of the force $\mathbf{F}$ corresponding to the displacement dr is defined as

$$
d U=\mathbf{F} \cdot d \mathbf{r} \quad \square U_{A-A^{\prime}}=\int_{A}^{A^{\prime}} F . d r
$$

we can also express the work dU in terms of the rectangular components of the force and of the displacement:

$$
d U=F_{x} d x+F_{y} d y+F_{z} d z
$$



## Work of a Constant Force in Rectilinear Motion

When a particle moving in a straight line is acted upon by a force $F$ of constant magnitude and of constant direction as shown in the figure below, the work will be given as:

$$
U_{1 \rightarrow 2}=(F \cos \alpha) \Delta x
$$

This implies that:

1- If the force F has the same direction as $\Delta x$, the work U reduces to $\mathrm{F} \Delta x$.
2- If F has a direction opposite to that of $\Delta x$, the work is $\mathrm{U}=-\mathrm{F} \Delta x$.


3- Finally, if F is perpendicular to $\Delta x$, the work U is zero.

## Work of the Force Exerted by a Spring

Consider a body A attached to a fixed point B by a spring; it is assumed that the spring is undeformed when the body is at $A_{o}$ as shown in the figure below. Experimental evidence shows that the magnitude of the force $\mathbf{F}$ exerted by the spring on body $A$ is proportional to the deflection $x$ of the spring measured from the position $A_{0}$. We have

$$
\mathrm{F}=K \mathrm{x}
$$

where $k$ is the spring constant, expressed in $\mathrm{N} / \mathrm{m}$ or $\mathrm{kN} / \mathrm{m}$ if Sl units are used and in $\mathrm{lb} / \mathrm{ft}$ or $\mathrm{lb} /$ in if U.S. customary units are used. The work of the force F exerted by the spring during a finite displacement of the body from $A_{1}\left(\mathrm{x}=x_{1}\right)$ to $A_{2}\left(\mathrm{x}=x_{2}\right)$ is obtained by writing

$$
\begin{aligned}
d U & =-F d x=-k x d x \\
U_{1 \rightarrow 2} & =-\int_{x_{1}}^{x_{2}} k x d x=\frac{1}{2} k x_{1}^{2}-\frac{1}{2} k x_{2}^{2}
\end{aligned}
$$

In other words, the energy stored in the spring (potential energy) $\left(E_{S}\right)$ due to the force F can be expressed as:

$$
E_{s}=\frac{1}{2} k\left(x_{2}^{2}-x_{1}^{2}\right)
$$



## Work of a Gravitational Force (between bodies)

According to the Newton's law of gravitation, when two particles of mass $M$ and $m$ at a distance $r$ from each other, as shown in the figure below, attract each other with equal and opposite forces $\mathbf{F}$ and $-\mathbf{F}$, directed along the line joining the particles and of magnitude

$$
F=G \frac{M m}{r^{2}}
$$

where G is the constant of gravitation. The work of the gravitational force F during a finite displacement from $A_{1}\left(r=r_{1}\right)$ to $A_{2}\left(r=r_{2}\right)$ is therefore

$$
U_{1 \rightarrow 2}=-\int_{r_{1}}^{r_{2}} \frac{G M m}{r^{2}} d r=\frac{G M m}{r_{2}}-\frac{G M m}{r_{1}}
$$

Thus, the potential energy $\left(v_{g}\right)$ when the variation in the gravity force cannot be neglected can be expressed as

$$
V_{g}=-\frac{G M m}{r}
$$



## Work of the Force of Gravity

The work of the weight W of a body A , i.e., of the force of gravity exerted on that body as shown in the figure, is obtained by

$$
\begin{aligned}
d U & =-W d y \\
U_{1 \rightarrow 2} & =-\int_{y_{1}}^{y_{2}} W d y=W y_{1}-W y_{2}
\end{aligned}
$$

or

$$
U_{1 \rightarrow 2}=-W\left(y_{2}-y_{1}\right)=-W \Delta y
$$


or

$$
U_{1-2}=\mathrm{W} y_{1}-\mathrm{W} y_{2}=V_{1}-V_{2}
$$

where $\Delta y$ is the vertical displacement from $A_{1}$ to $A_{2}$. The work of the weight $W$ is thus equal to the product of $W$ and the vertical displacement of the center of gravity of the body. The work is positive when $\Delta y<0$, that is, when the body moves down. This can also be expressed as the potential energy ( $\mathrm{P}_{\mathrm{E}}$ ) as follow:

$$
\mathrm{P}_{\mathrm{E}}=\mathrm{W} \Delta \mathrm{y}=\mathrm{mg} \Delta \mathrm{y}
$$

## Kinetic Energy of A Particle

Consider a particle of mass $m$ acted upon by a force $\mathbf{F}$ and moving along a path which is either rectilinear or curved as shown in the figure below. Expressing Newton's second law in terms of the tangential components of the force and of the acceleration, we write

$$
F_{t}=m a_{t} \quad \text { or } \quad F_{t}=m \frac{d v}{d t}
$$

where $v$ is the speed of the particle. Recalling that $v=d s / d t$, we obtain

$$
\begin{gathered}
F_{t}=m \frac{d v}{d s} \frac{d s}{d t}=m v \frac{d v}{d s} \\
F_{t} d s=m v d v
\end{gathered}
$$

Integrating from $A_{1}$, where $s=s_{1}$ and $v=v_{1}$, to $A_{2}$, where $s=$ $s_{2}$ and $v=v_{2}$, we write

$$
U_{1-2}=\int_{s_{1}}^{s_{2}} F_{t} d s=\mathrm{m} \int_{v_{1}}^{v_{2}} v d v=\frac{1}{2} m v_{2}^{2}-\frac{1}{2} \mathrm{~m} v_{1}^{2}=T_{2}-T_{1}
$$

where $U_{1-2}$ is the work of the force F exerted on the particle during the displacement from $A_{1}$ to $A_{2}$; the corresponding kinetic energy values of the particle are $T_{1}$ and $T_{2}$, respectively. We can write

$$
T=\frac{1}{2} m v^{2} \quad \text { and } \quad U_{1 \rightarrow 2}=T_{2}-T_{1} \quad \square \quad T_{1}+U_{1 \rightarrow 2}=T_{2}
$$

## Conservation of energy

Consider a particle of mass $m$ acted upon by a force $F$ and moving along a path which is either rectilinear or curved as shown in the figure below.

From the law of work of gravity force:
$U_{1-2}=\mathrm{W} y_{1}-\mathrm{W} y_{2}=V_{1}-V_{2}$
where $V_{1}=\mathrm{W} y_{1}$, and $V_{2}=\mathrm{W} y_{2}$
From the law of kinetic energy:

$$
\begin{equation*}
U_{1-2}=T_{2}-T_{1} \tag{2}
\end{equation*}
$$

From (1) and (2), the conservation of energy will be as follow:

$$
V_{1}-V_{2}=T_{2}-T_{1}
$$

or

$$
V_{1}+T_{1}=T_{2}+V_{2}
$$

## Power and Efficiency

Power is defined as the time rate at which work is done. If $\Delta \mathrm{U}$ is the work done during the time interval $\Delta t$, then the power during that time interval is

$$
\text { Power }=\frac{d U}{d t}=\frac{\mathbf{F} \cdot d \mathbf{r}}{d t}
$$

and, recalling that $\mathrm{dr} / \mathrm{dt}$ represents the velocity $\mathbf{v}$ of the point of application of $\mathbf{F}$,

$$
\text { Power }=\mathbf{F} \cdot \mathbf{v}
$$

The mechanical efficiency ( $\eta$ ) of a machine can be defined as

$$
\eta=\frac{\text { Power output }}{\text { Power input }}
$$

Because of energy losses due to friction, the output work is always smaller than the input work, and consequently the power output is always smaller than the power input. The mechanical efficiency of a machine is therefore always less than 1.

## Example 1

An automobile weighing 4000 lb is driven down a $5^{\circ}$ incline at a speed of $60 \mathrm{mi} / \mathrm{h}$ when the brakes are applied, causing a constant total braking force (applied by the road on the tires) of 1500 lb . Determine the distance traveled by the automobile as it comes to a stop.


## Solution

## Kinetic Energy

Position 1: $\quad v_{1}=\left(60 \frac{\mathrm{mi}}{\mathrm{h}}\right)\left(\frac{5280 \mathrm{ft}}{1 \mathrm{mi}}\right)\left(\frac{1 \mathrm{~h}}{3600 \mathrm{~s}}\right)=88 \mathrm{ft} / \mathrm{s}$

$$
T_{1}=\frac{1}{2} m v_{1}^{2}=\frac{1}{2}(4000 / 32.2)(88)^{2}=481,000 \mathrm{ft} \cdot \mathrm{lb}
$$

Position 2:

$$
v_{2}=0 \quad T_{2}=0
$$

Work $\quad U_{1 \rightarrow 2}=-1500 x+\left(4000 \sin 5^{\circ}\right) x--1151 x$
Principle of Work and Energy

$$
\begin{array}{rlr}
T_{1}+U_{1 \rightarrow 2} & =T_{2} & \\
481,000-1151 x & =0 \quad x=418 \mathrm{ft}
\end{array}
$$



## Example 2

Two blocks are joined by an inextensible cable as shown. If the system is released from rest, determine the velocity of block $A$ after it has moved 2 m . Assume that the coefficient of kinetic friction between block $A$ and the plane is $\mu_{k}=0.25$ and that the pulley is weightless and frictionless.

## Solution

Work and Energy for Block A. We denote the friction force by $\mathbf{F}_{A}$ and the force exerted by the cable by $\mathbf{F}_{C}$, and write

$$
\begin{align*}
& m_{A}=200 \mathrm{~kg} \quad W_{A}=(200 \mathrm{~kg})\left(9.81 \mathrm{~m} / \mathrm{s}^{2}\right)=1962 \mathrm{~N} \\
& F_{A}=\mu_{k} N_{A}=\mu_{k} W_{A}=0.25(1962 \mathrm{~N})=490 \mathrm{~N} \\
& T_{1}+U_{1 \rightarrow 2}=T_{2}: \quad 0+F_{C}(2 \mathrm{~m})-F_{A}(2 \mathrm{~m})=\frac{1}{2} m_{A} v^{2} \\
& F_{C}(2 \mathrm{~m})-(490 \mathrm{~N})(2 \mathrm{~m})=\frac{1}{2}(200 \mathrm{~kg}) v^{2} \tag{1}
\end{align*}
$$

Work and Energy for Block B. We write

$$
\begin{align*}
& m_{B}=300 \mathrm{~kg} \quad W_{B}=(300 \mathrm{~kg})\left(9.81 \mathrm{~m} / \mathrm{s}^{2}\right)=2940 \mathrm{~N} \\
& T_{1}+U_{1 \rightarrow 2}=T_{2}: \quad 0+W_{B}(2 \mathrm{~m})-F_{C}(2 \mathrm{~m})=\frac{1}{2} m_{B} v^{2} \\
&(2940 \mathrm{~N})(2 \mathrm{~m})-F_{C}(2 \mathrm{~m})=\frac{1}{2}(300 \mathrm{~kg}) v^{2} \tag{2}
\end{align*}
$$

Adding the left-hand and right-hand members of (1) and (2), we observe that the work of the forces exerted by the cable on $A$ and $B$ cancels out:

$$
\begin{aligned}
(2940 \mathrm{~N})(2 \mathrm{~m})-(490 \mathrm{~N})(2 \mathrm{~m}) & =\frac{1}{2}(200 \mathrm{~kg}+300 \mathrm{~kg}) v^{2} \\
4900 \mathrm{~J} & =\frac{1}{2}(500 \mathrm{~kg}) v^{2} \quad v=4.43 \mathrm{~m} / \mathrm{s}
\end{aligned}
$$



