

Eman Gamal Helal

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Personal Data

Birth date: 12/9/1982

Gender: Female

Nationality: Egyptian

Education

- Doctor of philosophy (Phd) in prosthodontics
CairoUniversity -2017

Thesis: Bone height changes of the edentulous ridge in Screw Retained versus Telescopic restorations for completely edentulous patients(Randomized Controlled Clinical Trial).

- Master of Science (MSc) in prosthodontics -
Cairo University - 2012.

Thesis:Comparative study of the effect of different cleansing methods on the surface roughness of conventional and flexible acrylic denture base materials.

- Bachelor of Oral & Dental Medicine - Cairo
University,May 2004.

Professional and Career Experience

Current Position:

Assistant Professor of Prosthodontics ,Restorative Department,College Of Dentistry ,Gulf Medical University,Ajman,United Arab Emirates.

Previous Positions:

- **(05/2017-08/2018)**
Researcher.Fixed and Removable Prosthodontics Department .Oral & Dental Research Division .National Research Centre , Egypt.
- **(12/2013- 08/2018)**
Prosthodontist and Implantologist. Clinics of Hospital of Scientific Excellence, National Research Centre ,Egypt.
- **(09/2017-08/2018)**
Lecturer of prosthodontics, Faculty of Dentistry, Misr International University for science and Technology(MUST),Cairo,Egypt.
- **(02/2017-07/2017)**
Lecturer of prosthodontics, Faculty of Dentistry, Misr International University(MIU),Cairo,Egypt.
- **(12/2013 – 05/2017)**
Assistant Researcher,Fixed and Removable Prosthodontics Department ,Oral & Dental Research Division .National Research Centre , Egypt.
- **(06/2011-12/2013)**
Researcher`s assistant Fixed and Removable Prosthodontics Department , Oral & Dental Research Division. Clinics of Hospital of Scientific Excellence .National Research Centre , Egypt.
- **(09/2011-1/2012)**
G.P. Alarjan Medical Polyclinic, Tabuk. Saudi Arabia.

- (02/2006-06/2011)
Specialist ,Fixed and Removable Prosthodontics Department ,
Oral & Dental Research Division. Clinics of Hospital of
Scientific Excellence .National Research Centre , Egypt.
- (11/2004-10/2005)
Intern dentist ,outpatient clinics .Faculty of Oral and Dental
Medecine Cairo University.Egypt.

Puplications and activities

- **Randomized Clinical Trial : Bone Height Changes of the Mandibular Edentulous Ridge in Screw Retained Versus Telescopic Restorations for Completely Edentulous Patients.**
Helal E, El-Zawahry M, Gouda A, Elkhadem AH, Ibrahim SI.
Open Access Maced J Med Sci.
<https://doi.org/10.3889/oamjms.2017.004>
- **Randomized Clinical Trial :Maxillary sinus lift using osteoinductive simvastatin combined with β -TCP versus β -TCP – a comparative pilot study to evaluate simvastatin enhanced and accelerated bone formation** Ayman Gouda ,Eman Helal,Sherif Ali ,Saleh Bakry &Salah Yassin
<http://www.tandfonline.com/doi/full/10.1080/00016357.2017.1381345>
- **Does Implant Fixed Restoration Can Reverse The Physiological Route Of Mandibular Bone Resorption Of The Posterior Edentulous Area For The Completely Edentulous Patients?: Systematic Review** Eman Helal · Ahmed M. Esmat · Ayman Gouda · A. O. Lotfy · Mohamed El-Zawahry *Annals of International medical and Dental Research.*
3.10.21276/aimdr.2017.3.6.DE12.
DOI: 10.21276/aimdr.2017.3.6.DE12
- **Randomized clinical trial: The effect of different cleansing methods on The surface roughness of conventional and flexible acrylic denture base materials.** Eman Gamal Eldeen Rashed,Samira Ibrahim,Amal Ali Swelem and Amany Ramadan;_E.D.J. 2012: 59, 1797-1804.

- Attendance of the 10th International Implantology Conference “Implant Innovation” Egyptian Scientific Society for Dental Implantologists 25-27 april 2017 .

Presentations And Talks

- *Case Report poster presentation : Rehabilitation of traumatized maxilla for life like appearance 19th World Congress Dental Traumatology and the 5th Trans-Tasman Endodontic Conference 11th-13th August 2016 .Brisbane.Australia.*
- *Oral & Dental Research Division seminar: Bone height changes of the edentulous ridge in Screw Retained versus Telescopic restorations for completely edentulous patients (Randomized Controlled Clinical Trial).*
National Research Centre , Cairo,Egypt 2017
- *The philosophy of tooth- implant connection.*
National Research Centre , Cairo,Egypt 2016
- *CAD/CAM bone blocks.*
National Research Centre , Cairo,Egypt. 2015
- *Surgical and prosthetic implant tools (comparison between the different systems)*
National Research Centre , Cairo,Egypt. 2014
- *The dogma of tooth-implant connections; problems and suggested solutions Prosthodontics department,Cairo university. 2015*
- *Esthetics in implant dentistry Prosthodontics department,Cairo university. 2015*
- *Antibiotic Prophylaxis before dental implant placement Prosthodontics department,Cairo university. 2015*
- *Optimal Number of Dental Implants required to Support an Over-denture Prosthodontics department,Cairo university. 2015*
- *-CAD/CAM bone blocks Prosthodontics department,Cairo university. 2015*
- *Maxillary sinus lifting with and without bone augmentation Prosthodontics department,Cairo university. 2015*
- *Critical appraisal of :“Management of shortened dental arches and periodontal health: 5-year results of a randomised trial” Prosthodontics department,Cairo university. 2015*

- *Removable methods for increasing vertical dimension of occlusion (indications,types) Prosthodontics department,Cairo university. 2014*
- *Critical appraisal for :Interventions for replacing missing teeth: dental implants in zygomatic bone for the rehabilitation of the severely deficient edentulous maxilla (Review) Prosthodontics department,Cairo university. 2014*
- *Immediate implant placement Prosthodontics department,Cairo university. 2014*
- *Surgical and prosthetic implant tools (comparison between the different systems) Prosthodontics department,Cairo university. 2014*
- *Immediate denture Prosthodontics department,Cairo university. 2014*

Languages

- Arabic – native language.
- English – Speak fluently and read/write with high proficiency.

Computer Skills

- Microsoft office : International Computer Driving License(ICDL).
- Mimics software: virtual three dimensional implant planning .

Personal skills

Highly motivated, Enthusiastic, eager to meet challenges and quickly assimilate new concepts.